



FROM THE
Dear Friends,

This weekend we are conducting the 2009 BISHOP'S APPEAL. Your participation is much appreciated. Many continue to ask why now in view of the capital campaign. The Appeal is an ongoing effort to fund the annual operating costs of several important diocesan ministries and services to parishes. The Campaign is providing endowments for some of these ministries with the hope that funds from the endowment and from the Annual Appeal will enable the enhancement of the services. The 2009 Appeal will seek pledges over four months. The 2010 Appeal will be conducted in May, as has been the custom for many years. The thousands of people benefiting from the Appeal will appreciate the additional sacrifice of those who were able to participate in the Campaign. Hopefully, many of those who could not give to the Campaign will be able to support the Appeal. Your understanding and support have my gratitude.

Father Joe Ford; email: jjford67@maine.rr.com

Mass Intentions & Mass Schedule

January 30	4:00 PM	Daniel Grondin Cardillo, by Ken Cardillo
January 31	8:30 AM	Anne L. Fields, by the Holy Bowers
	5:30 PM	The Parishioners
February 1	7:30 AM	Dr. Raymond Lebel, by Marion Ross
February 3	7:30 AM	Robert Peck, by Anne Marshall

Next Weekend Masses

February 6	4:00 PM	Deceased family members of Lisa Bousquet
February 7	8:30 AM	Drs. Margo & Andrew Walsh, by Theresa Ketchum
	5:30 PM	The Parishioners

Last Weekend's Offering: Thank you for your contributions of \$4,202 last weekend. The second collection for the Church in Latin America totaled \$1,159.00. To meet our budget for the fiscal year, the weekly collection should average \$6,000 per week.

HEALTH CARE LEGISLATION – Congress continues to debate health care reform. The House passed a health care bill that makes health care affordable and accessible for all. The Senate passed a bill that requires federal funds to help subsidize and promote health plans that cover elective abortions. These two bills must now be combined into one bill. The U.S. bishops continue to strongly oppose abortion funding, at the same time they call for critical improvements in conscience protection, affordability for the poor, the vulnerable and access to health care for immigrants. At the back of the church today, you'll find a notice from the U.S. Bishops Conference asking you to please contact your congressional representatives immediately and urge them to address these moral issues. The bishops have asked for our swift action and our prayers.

Thank you for your help. Together we can ensure that health care reform will protect the lives, dignity, conscience and health of all. Health care reform should be about saving lives, not destroying them.

WEEKDAY SERVICES AND STORMY WEATHER – When school is canceled in Gray and New Gloucester on Tuesday or Friday, there will be **NO** Mass at St. Gregory's. When school is canceled in Falmouth on Thursday, there will be **NO** communion service at Holy Martyrs.

Vocations – “Before you were born, I consecrated you.” If you think that you may be set apart by the Lord to serve Him as a priest, deacon or in the consecrated life, call Fr. Bob Vaillancourt @ 207-773-6471 / robert.vaillancourt@portlanddiocese.org or Sr. Rita Mae Bissonnette @ 207-773-6471 / ritamae.bissonnette@portlanddiocese.org.

Tax Information – If you would like a copy of your 2009 weekly offering to Holy Martyrs Parish for income tax purposes, please sign up in the narthex or call the office. A copy of the amount of your contribution will be mailed to you in a timely fashion.

Lent – Today is Sign-Up Sunday for **Disciples in Mission**. For the six weeks of Lent, we invite you to join a small faith-sharing group, a teen group, and/or participate with your family. More brochures, along with sign-up sheets are at all the Masses today. For more information, call Judy Dominick, our **Disciples in Mission** Small Group Coordinator, at 781-2847. After you select your preferences for day and time, we will notify you which group you are assigned to. Please join us!

Friendship House - Friendship House is a residence in South Portland for formerly homeless men recovering from substance abuse. The first Wednesday of each month, members of our parish contribute prepared hot or cold dishes (dishes may be donated frozen) and grocery items such as fresh produce, paper products or toiletries, which I then take to the men at FH. If you would like to donate this coming Wednesday, February 3, please call Deborah Nicklas @ 781-4362.

Cumberland/Falmouth Food Pantries – We are all well aware of the many requests for your generosity. Haiti being the most recent, church appeals and your own personal charities. If you were to spend a few hours at one of our supporting food pantries you would observe first hand how very close to home these dire needs for help exist. Your continuing donations are more than appreciated. Thank You. *Jack Mullin*

"Listening to others in our 'Divorce & Beyond' group helped me understand what was going on in my life." You can find hope and healing in a "Divorce & Beyond" group. Our 8 week, facilitated groups are a caring and compassionate place where you can share thoughts and feelings with others who are also experiencing the loss of a marriage. Two Portland-area groups are starting soon! Thursday, March 4th (6:30 to 8:30 p.m.), Holy Martyrs in Falmouth & Tuesday, March 16th (6:30 to 8:30 p.m.) St. Bartholomew in Cape Elizabeth. For more info & to register, 1-800-CARE-002, ext. 2672. E-mail: psm@ccmaine.org. Pre-registration is required. For the comfort and confidentiality of our members, no walk-ins, please. Fee is \$25.00.

Connected Catholics - CCME: General Meeting: Sunday, February 14, 2010, 4:00 pm -- Muddy Rudder Restaurant – Route 1-Yarmouth – Since our meeting falls on Valentine's Day, we will celebrate by meeting at the Muddy Rudder for good company, good food, and as a good time. FMI contact Mary Jane (318-6032).

Healing from the Pain of Abortion - "If only one person had said, 'you can do it'; if only one person had called the life within me 'a baby', the decision would have been different." Find comfort and peace at the next Rachel's Vineyard Retreat Weekend, April 23-25, sponsored Catholic Charities Maine Parish Social Ministry. For an understanding ear and to learn more, call 871-7464 (Portland), Ext. 2670; toll-free at 1-800-CARE-002; or e-mail: psm@ccmaine.org All inquiries are strictly confidential.

17th Annual Bishop Proulx Award - Recognize that special person in your parish who does so much for others by nominating them for the 17th Annual Bishop Proulx Award! The Bishop Proulx Award recognizes a parish volunteer or group of volunteers whose contributions reflect the mission of Catholic Charities Maine and the social teachings of Jesus Christ. Each nominee receives a special letter of congratulations. The winner will be honored at an award ceremony attended by Bishop Malone. For a nomination form, please call Catholic Charities Maine Parish Social Ministry, 871-7464, ext. 2672 or 1-800-CARE-002, ext. 2672. E-mail: psm@ccmaine.org. The deadline for submissions is March 5.

Holy Martyrs Weekly Calendar

Sunday January 31	Mass at 8:30 AM & 5:30 PM <i>72: Jer 1:4-5,17-19; Ps 71; 1 Cor 12:31-13:13 or 13:4-13; Lk 4:21-30</i> Religious Education Classes Continue 9:30-10:30 AM	Readings Begin at #959
Monday February 1	Mass at 7:30 AM Religious Education Classes Continue 4:15-5:15 PM	323: 2 Sm 15:13-14,30;16:5-13; Ps 3; Mk 5:1-20
Tuesday February 2	Mass at St. Gregory's at 8:00 AM Contemplative Prayer Group 9:30-11:00 AM	524: Mal 3:1-4; Ps 24; Heb 2:14-18; Lk 2:22-40 or 2:22-32
Wednesday February 3	Mass at 7:30 AM	Friendship House 325: 2 Sm 24:2,9-17; Ps 32; Mk 6:1-6
Thursday February 4	Communion Service at 7:30 AM	326: 1 Kgs 2:1-4,10-12; (Ps) 1 Chr 29:10-12; Mk 6:7-13
Friday February 5	Mass at St. Gregory's at 8:00 AM	327: Sir 47:2-11; Ps 18; Mk 6:14-29 see 527: 1 Cor 1:26-31;Lk 9:23-26
Saturday February 6	Mass at 4:00 PM	328: 1 Kgs 3:4-13; Ps 119; Mk 6:30-34 see 528: Gal 2:19-20; Mt 28:16-20
Sunday February 7	Mass at 8:30 AM & 5:30 PM Religious Education Classes Continue 9:30-10:30 AM	Connected Catholics 5:00 PM Readings Begin at #962 75: Is 6:1-2a,3-8; Ps 138; 1 Cor 15:1-11 or 15:3-8,11; Lk 5:1-11

CONCERT FOR HAITI - Three World Music Groups to Perform Concert for Haiti Disaster Relief . Proceeds will benefit Konbit Santé Cap-Haitien Health Partnership Sunday, February 7, 7 PM, Falmouth Congregational Church, 267 Falmouth Rd, Falmouth. Contact: Deborah Gordon, 207-865-6060. Three Maine performing groups, Zemya, a 10-woman a cappella group, The Maine Squeeze, an all-accordion ensemble playing eclectic ethnic music, and Djump, a drum and dance ensemble specializing in the music and rhythms of West Africa, are holding a benefit concert to help raise funds for earthquake relief in Haiti. The proceeds will benefit Konbit Santé, a Portland-based medical support group that works to improve the public health system in Cap-Haitien, Portland's sister city in Haiti. A representative of Konbit Santé will show a brief video and talk about the situation in Haiti and the work Konbit Santé is doing there. All ages are welcome. Suggested donation: \$20 at the door. For more information and directions, call 865-6060.

Retreats - FMI and to register, call Marie Joseph Spiritual Center, 207-284-5671. In His Image: A Journey with St. Teresa of Avila and St. John of the Cross with Fr. William Jarema **March 5 – 7, 2010** We will explore John's Ascent of Love and Teresa's Seven Dwelling Places to learn how to deepen our intimacy with God. This retreat is not for the faint hearted or beginners. Intensive prayer, humble self-disclosure and readiness to meet God's unpredictable ways are included in the opportunity for inner exploration and the quest for holiness. Cost: \$180.00 A Weekend Retreat on Forgiveness with Sr. Aline Plante, p.m. **March 12 – 14, 2010.**

We will explore the meaning of forgiveness and see how it is the way to free our hearts and minds from fear, anger, resentment, suffering and pain. Forgiveness is not for the others sake, but for our own. Retreat will include talks, prayer rituals, quiet personal time for prayer, reflection and a documentary film: "The Power of Forgiveness". Cost: \$145.00. **One Day Retreat:** Praying with Scripture, LECTIO DIVINA, with Sr. Aline Plante, p.m. **March 25, 2010** 10:00 AM – 2:30 PM The Bible is God's word to us. He speaks to us today in His word as He did to the people long ago. Do we know how to listen to Him? Lectio Divina is a simple way of reading, listening and praying Scripture. Please bring your Bible. Cost: \$10.00 (bring bag lunch) or \$18.00 (includes hot meal)

MASSSES: *Saturday Mass: 4:00 PM*
Sunday Masses: 8:30 AM & 5:30 PM
Daily Mass: Mon. & Wed. at 7:30 AM
Thurs. at 7:30 AM
Confession: Sat. 3:15-3:45 & by appointment

Communion Service:

OFFICE HOURS: 8:30-3:00 PM, Monday – Friday

PARISH OF THE HOLY MARTYRS OF NORTH AMERICA

266 Foreside Road, Falmouth, Maine 04105
www.holymartyrs.org

PARISH DIRECTORY:

Parish Office: 781-4573
Religious Education: 781-2847
Fax: 781-3961
Email: office@holymartyrs.org

ADMINISTRATION:

Administrator: Rev. J. Joseph Ford
Catechetical Leaders: Deacon Dennis Popadak
Judy Dominick

PARISH STAFF:

Christian Initiation: Judy Dominick
Youth Ministry: Scott Ross
Music Ministry:
Parish Secretary: Debra J. Coppinger

BULLETIN DEADLINE:

Notices for the bulletin must be at the rectory office by 12:30 PM on Tuesdays.

NEW PARISHIONERS: Welcome! We invite you to join in our parish community. Please register by contacting the rectory office

DEPARTING PARISHIONERS: Please inform the rectory office when you move from the parish.

HOMEBOUND & HOSPITALIZED: Please contact the rectory office to arrange for a visit.

BAPTISMS: By appointment – please contact the rectory.

MARRIAGES: Couples should contact the rectory at least six months in advance.